



NORTHERN COUNTIES SAFETY GROUP LIMITED

Safety Training & Services to the Construction Industry

FACT SHEET

Using Ladders and Step Ladders Safely

Introduction

This course of training will enable users to perform their duties relating to the safe use of portable ladders and step-ladders in accordance with The Work at Height Regulations and other supporting information and guidance

Course Aims

To emphasise to delegates the employer's statutory obligation to have competent persons using work equipment, including 'stability accessories'.

Objectives

At the end of the course delegates will be able to:-

- Appreciate that falls from height can be costly, both in monetary and personal injury costs by showing examples of poor practice
- Understand the need for 'Safe Systems of Work' under HSAWA by learners discussing what is a safe system of work
- Knowledge of how the legislation applies to the use of ladders and step ladders
- Knowledge of the basic techniques to be adopted for safe use of ladders and step ladders
- Knowledge of how optional 'accessories' can aid the user in stabilising ladders
- Gain practice in using the ladder, step ladder and accessories in a simulated work environment
- Demonstrate knowledge retention by passing the written end of course questionnaire

Trainee Numbers

A maximum of 18 trainees will be permitted per instructor.

Duration- ½ Day

Achievement Measurement

Delegates will be assessed throughout the course for knowledge and participation; and by completing the end of course knowledge retention questionnaire

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